Mission Statement

Be Kind...Be Brave...Be Fierce...Embrace your inner Dragon

Medb's Dragon Warriors embrace the diversity of an All Cancer Paddler and Supporters membership. Our members have, either directly or indirectly been affected by cancer, or just want to support the rest of us.

We endeavour to bring the sport of Dragon Boating to as many people as possible within the county of Sligo and beyond, to experience the beat of the drum, the power of the paddle, the sense of unity within a team, but most of all to experience a place of tranquillity, peace and healing among those who understand a loss of self after cancer.

Join us and discover the power within...embrace your inner Dragon and discover your new self.